

INSPIRE WEEKEND TIMETABLE



SATURDAY

(all times in GMT)

ZOOM STUDIO ONE

10.30-11.00 Charlotte Desorgher: Welcome and warm-up

11.00-13.00 Alla Kushnir: Alla Style

In this workshop, Alla shares the unique style that she has collected, received, and realized herself over the past 16 years.

13.30-15.30 Süreya Hussein: Turkish Oriental

Süreya will be covering a mixture of techniques and a short routine for you to learn. She will also explain the technique and history of Turkish Oriental compared to other styles.

16.30-18.30 Esmeralda Colabone: Expression In Arabic Dance

Esmeralda will dive into the possible expressions, temperatures and body languages that will easily define your dance interpretation. Get ready to be happy, dramatic and folkloric!

19.00-21.00 Jillina: Delicious Drum Solo

This fabulous new drum solo will explore intricate hip technique, various types of shimmies as well as challenging isolations! Learn how to control your movement and translate the music through your body.

ZOOM STUDIO TWO

11.00-12.00 Süreya Hussein: Bellyrolls and Flutters

Süreya shares her technique to develop strong abdominal movements.

13.00-14.30 Charlotte Wassell: Pain Relief & Prevention for Bellydancers

You will come away with a short series of personalised exercises designed for you to use as dance practice preparation.

15.30-16.30 David Walsh: How to Get More Views on your YouTube

Grow your reputation & get your videos seen by more people on YouTube

17.00-18.30 Khadijah: Khaleji Starters

Gain an understanding of Khaleej music and rhythms & learn some of the gentle moves that correspond to this beautiful music from the Gulf region.

19.00-20.30 Khadijah: Khaleeji Advanced

An introduction to intricate fancy footwork with upper layering Khaleeji techniques to help create a deeper connection to a song.

INSPIRE WEEKEND TIMETABLE



SUNDAY
(all times in GMT)

ZOOM STUDIO ONE

10.30-11.00 Charlotte Desorgher: Welcome and warm-up

11.00-13.00 Alla Kushnir: Combinations

Combinations are a wonderful way to improve dance memory and technique. In this workshop, we will explore combinations of different styles and use them with different types of music.

14.00-16.00 Esmeralda Colabone: Farid Al Attrache

The king of Oud from the Golden Era. In this workshop we're going to talk about Farid Al Attrache and dance into one of my favorite tunes of his! A lot of turns, body control, deep breaths and drama!

17.00-19.00 Jillina: Lyrical Pop

Dance to the hottest new music! A beautiful mix of innovative steps and classic bellydance moves. A lyrical blend of emotional expression and fluid moves to help take your dance to the next level!

ZOOM STUDIO TWO

12.30-13.30 Khalida: How to win at REELS!

Get the best out of Instagram REELS and how they work!

13.00-14.15 Leilah: Bellyfit **NB: STUDIO THREE**

How to pick up moves quickly and safely whilst keeping the energy up!

14.00-15.00 Katie Alyce: Strike a Pose!

Create beautiful poses to use in your dancing and in photoshoots!

15.30-16.30 Roxane Grant: Take Fabulous Photos With Your Phone Camera
Roxane shows you to take great phone photos!

17.00-18.30 Clau Santiago: Double Veil

In this workshop, Clau shares tips and secrets to dancing with a double veil including fundamental techniques and drama!

19.00-21.00 GALA SHOW!